

October 2018 ~ Breakfast Menu Hermon Schools

Menu Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>All meals are served with a choice of 1% or fat free chocolate milk. A variety of cereal and fruit daily.</p>				<p>Breakfast Prices:</p> <ul style="list-style-type: none"> • Full pay \$1.25 • Snack milk .50
1	2	3	4	5
Bagel Cream cheese Fruit 100% fruit juice Milk	Breakfast bread Fruit 100% fruit juice Milk	Donut Fruit 100% fruit juice Milk	Yogurt cup, bug bites Fruit 100% fruit juice	Inservice Day
8	9	10	11	12
No School	Bagel Cream cheese Fruit 100% fruit juice Milk	Yogurt cup, bug bites Fruit 100% fruit juice	Honey Buns Fruit 100%fruit juice Milk	Donut Fruit 100% fruit juice Milk
15	16	17	18	19
Yogurt cup, bug bites Fruit 100% fruit juice	Breakfast bread Fruit 100% fruit juice Milk	Donut Fruit 100% fruit juice Milk	Honey Buns Fruit 100%fruit juice Milk	French toast sticks w/syrup Fruit 100%fruit juice Milk
22	23	24	25	26
Breakfast muffin Fruit 100% fruit juice Milk	Bagel Cream cheese Fruit 100% fruit juice Milk	Honey Buns Fruit 100%fruit juice Milk	Donut Fruit 100% fruit juice Milk	Pancakes sausage on a stick Fruit 100% fruit juice Milk
29	30	31	1	2
Breakfast bread Fruit 100% fruit juice Milk	Yogurt cup, bug bites Fruit 100% fruit juice	Breakfast muffin Fruit 100% fruit juice Milk	French toast sticks w/syrup Fruit 100%fruit juice Milk	Bagel Cream cheese Fruit 100% fruit juice Milk

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Contact Emily A Nicholas, Food Service Director, for questions or concerns at 207-848-4023 or e-mail Emily.nicholas@schools.hermon.net This institution is an equal opportunity provider.