

October 2018 ~ Lunch Menu Hermon Elementary School

Menu Subject to Change

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>All meals are served with a choice of 1% or fat free chocolate milk. A selection of additional fruits and vegetables are available at the salad bar every day.</p>				<p>Lunch Prices:</p> <ul style="list-style-type: none"> • Full pay \$2.75 • Reduced pay .40 • Snack milk .50
	1	2	3	4	5
<p><u>Weekly Second Choice</u></p> <p>Ham and Cheese Melt</p>	<p>Chicken Parm Pasta</p> <p>Peas Fruit, Milk</p>	<p>Pizza</p> <p>Caesar salad, fruit milk</p>	<p>Chicken nuggets, mashed potato</p> <p>Dinner roll, Carrots Fruit, Milk</p>	<p>Sloppy Joes Onion Rings</p> <p>Broccoli Fruit, Milk</p>	<p>Inservice Day</p>
	8	9	10	11	12
<p><u>Weekly Second Choice</u></p> <p>Cheeseburger</p>	<p>No School</p>	<p>Cheese filled breadsticks w/marinara</p> <p>Spinach salad, Fruit, milk</p>	<p>Chicken nuggets, waffles</p> <p>Seasoned Potato Wedges Fruit, Milk</p>	<p>Chicken Alfredo w/pasta, breadstick</p> <p>Broccoli, Fruit, milk</p>	<p>Pizza</p> <p>Caesar Salad Fruit, Milk</p>
	15	16	17	18	19
<p><u>Weekly Second Choice</u></p> <p>Tuna Salad Sandwich</p>	<p>Chicken Tenders Mac cheese</p> <p>Fruit Salad, Milk</p>	<p>Pizza</p> <p>Black bean and corn salad, fruit, milk</p>	<p>Chicken nuggets, French Toast</p> <p>Potato puffs, Fruit, Milk</p>	<p>Walking taco</p> <p>Black Beans Sour cream & Salsa Fruit, Milk</p>	<p>Ravioli w/ Breadstick</p> <p>Green Beans Fruit, Milk</p>
	22	23	24	25	26
<p><u>Weekly Second Choice</u></p> <p>Pancake sausage on a stick</p>	<p>Popcorn Chicken Mashed potato, Corn</p> <p>Biscuit, fruit, milk</p>	<p>Pizza</p> <p>Caesar salad, fruit milk</p>	<p>Chicken nuggets, waffles</p> <p>Potato puffs, Fruit, Milk</p>	<p>Cheeseburger sub</p> <p>Baked beans, fruit, milk</p>	<p>Meatball Sub Potato Wedges</p> <p>Carrots Fruit, Milk</p>
	29	30	31	1	2

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<u>Weekly Second Choice</u> Cheese Pizza	Pulled Pork, Fries Cole Slaw, fruit milk	Pasta & Meat sauce Peas, Breadstick fruit, milk	Chicken nuggets, French Toast Potato puffs, Fruit, Milk	Turkey and Gravy, Mashed Potato, Roll Seasoned carrots fruit, milk	Oven Baked BBQ Chicken, Buttered noodles Roll, Green Beans fruit, milk
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Contact Emily A Nicholas, Food Service Director, for questions or concerns at e-mail emily.nicholas@schools.hermon.net This institution is an equal opportunity provider.