

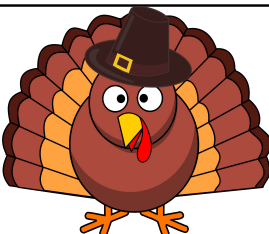



November 2018 ~ Lunch Menu Hermon Elementary School

Menu Subject to Change

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	All meals are served with a choice of 1% or fat free chocolate milk. A selection of additional fruits and vegetables are available at the salad bar every day.				Lunch Prices: <ul style="list-style-type: none"> • Full pay \$2.75 • Reduced pay .40 • Snack milk .50
	5	6	7	8	9
<u>Weekly Second Choice</u> Grilled Cheese	Ham and cheese melt on a croissant Onion rings, Fruit, milk	Pizza Caesar salad, fruit milk	Chicken nuggets, French toast Sweet Potato Puffs Fruit, Milk	Chicken Burger w/ Sun Chips Roasted Broccoli, Fruit, Milk	Cheeseburger on bun Potato Salad, Peas Fruit, milk
	12	13	14	15	16
<u>Weekly Second Choice</u> Turkey & Cheese Sandwich	NO SCHOOL	Pizza Fresh Carrots, Fruit, Milk	Chicken nuggets, waffles Seasoned Potato Wedges Fruit, Milk	Chicken Quesadilla Spanish Rice, Black beans Fruit, Milk	16 Thanksgiving Dinner Turkey & Gravy Mashed Potato, Stuffing, Squash, Dinner roll, Cranberry sauce, cookie, Fruit, Milk
	19	20	21	22	23
	Yogurt Cup Muffin Cheese Stick Apple Carrots w/ ranch Veggie juice (No Second Choice)	NO SCHOOL	NO SCHOOL	THANKSGIVING	NO SCHOOL
	26	27	28	29	30
<u>Weekly Second Choice</u> Hot Dog	Cheese filled breadsticks w/marinara Spinach salad, Fruit, milk	Pizza Burger Macaroni Salad Fruit, Milk	Chicken nuggets, waffles Potato puffs, Fruit, Milk	Fish Sticks w/ a Roll Oven fries, Cucumber coins Fruit, milk	Crunchy chicken tenders Fries, Roasted Chickpeas breadstick, fruit, milk

Contact Emily A Nicholas, Food Service Director, for questions or concerns at 207-848-4023 or e-mail Emily.nicholas@schools.hermon.net This institution is an equal opportunity provider.

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