

PATRICIA A.
DURAN SCHOOL

HAWK NEWS!



"In support of our vision, we believe the mission of the Hermon School Department is to provide a safe and supportive environment where students have an opportunity to acquire the knowledge and develop the skills necessary to realize their potential as productive workers, responsible citizens, and lifelong learners."

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Hermon PreK & Kindergarten Registration

Hermon PreK and Kindergarten registrations will begin on February 4th, for Hermon children entering PreK or Kindergarten in the fall.

****Children must be 4 years old by October 15th, 2019, to be eligible for Pre-K.**

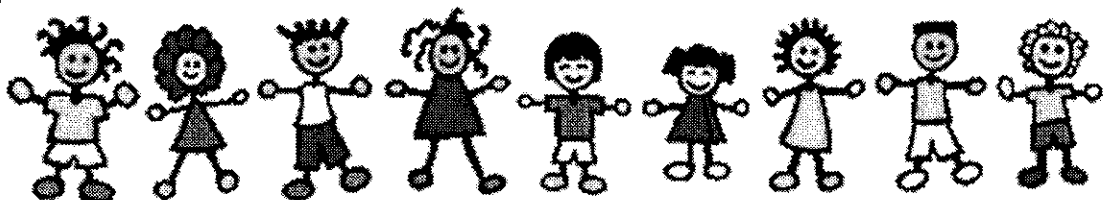
****Children must be 5 years old by October 15th, 2019, to be eligible for Kindergarten.**

The Color-coded registration packets will be available in the HES office starting February 4th– February 28th. Parents and guardians are invited to come to the HES office during school days between the hours of 8 am and 4 pm to pick up or fill out the registration packets. Packets will be available at the Hermon Rec desk in the Patricia A. Duran School cafeteria during the week of February 18-22nd. If you have no way to pick up your registration packets, please call Principal Perry @ 848-4000 ext. 3015 to make other arrangements.

In order for us to accurately budget, plan and prepare for our incoming class sizes, it is critical for us to have your completed registration packets by **March 1st**. Our goal is to provide all PreK and K students a program this fall. We strongly encourage Hermon families to register all PreK and Kindergarten eligible children by March 1st.

What you will need for the registration to be complete and your child to be placed:

- Completed registration packet
- Proof of residency with your physical address (example: tax bill, lease, utility bill, etc.)
- Child's state issued (not hospital-issued) birth certificate
- Current immunization record.



NAEP Assessment

Patricia A. Duran School will participate in the National Assessment of Educational Progress (NAEP) on March 1. NAEP is the largest nationally representative and continuing assessment of what students know and can do in various subjects. NAEP is administered by the National Center for Education Statistics, within the U.S. Department of Education. NAEP is different from our state assessments because it is a common measure of achievement across the country. The results are released as The Nation's Report Card, which provides information about student achievement to educators, parents, policymakers, and the public.

Some fourth grade students will take an assessment in either mathematics or reading. The assessment takes about 120 minutes for most students, including transition time and directions.

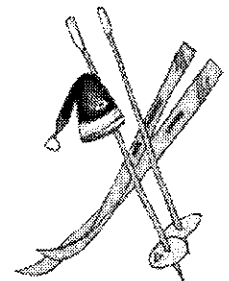
The information collected is used for statistical purposes only.

- Students' grades will not be affected.
- Students may be excused for any reason, are not required to complete the assessment, and may skip any question.
- While the assessment is voluntary, NAEP depends on student participation to help policymakers improve education.

We are excited that our school is participating in NAEP. We know that Patricia A. Duran School's students will show what our nation's students know and can do.

Ski Program

The first session of our elementary ski program is scheduled for January 11th. We are so fortunate to be able to offer this opportunity to our kids and are excited about the high participation levels. We have 84 HES students enrolled in this session and over 132 Hermon School District kids. There will be a second session in February.



Family Nights

We will be holding our HES Family Nights during January this year. The 3rd- 4th Grade Family Night will be held on January 23rd at 6 pm. The 1st-2nd Grade Family Night will be on January 24th at 6pm. The PreK -Kindergarten Family Night will be on January 25th at 6 pm. Please join your child in their classroom to experience the curriculum and activities they are working on. This is a great way to provide our kids with an opportunity to show ownership of their schooling and all their hard work.

Note From the Nurse

Dear Parents/Guardians,

We have had many students in our community with nausea, vomiting and or diarrhea. One of the potential causes of these symptoms is norovirus. The most common symptoms of norovirus are diarrhea, vomiting, nausea and stomach pain. Other symptoms include headache, body aches and fever. You can get norovirus from eating food or liquids that are contaminated or by touching surfaces or objects contaminated and then putting fingers in mouth. A person usually develops symptoms 12-24 hours after exposure. It is important to help protect yourself and others from norovirus by washing your hands thoroughly with soap and water often and especially before eating or preparing food. Norovirus can be found in your vomit or poop even before you start feeling sick. It can stay in your poop for 2 weeks or more after you feel better. Therefore, we will have students in school who could potentially spread this virus to other students, even when they have been feeling better for a while. Please encourage your children to wash their hands whenever they can and before eating. If your child has vomiting, diarrhea or a fever they should not return to school until they are without those symptoms for at least a full 24 hours (and without use of fever-reducing medications such as Tylenol or Ibuprofen).

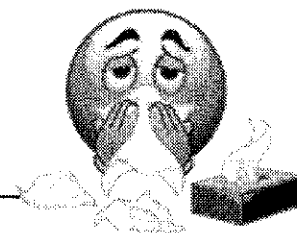
Sincerely,

Angie Scripture, RN

School Nurse

207-848-4048

angela.scripture@schools.hermon.net

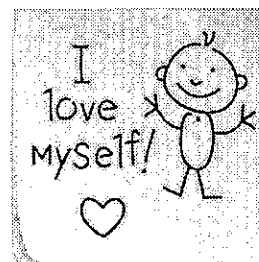


Guidance News

Self-esteem is an important aspect of almost everything children do. It supports social skills and makes it easier for children to make and keep friends, as well as improves academic performance. Positive self-esteem gives children the confidence to handle mistakes, disappointment, and failure, and take on more challenging tasks. A child's self-esteem affects their mental health and social happiness, and is the foundation for success as an adult.

What can we do?

- Don't compare one child to another. Value children's individual strengths, needs and interests, and focus on their strengths
- Help children set realistic, achievable goals for themselves. Divide large tasks into smaller, more manageable ones
- Emphasize the positive aspects of a child's behavior. Reward direction, not perfection
- Encourage participation in extra-curricular activities that highlight their strengths
- Help children re-frame their negative statements about themselves into statements with a more positive mindset
- Give children opportunities to be successful by helping out. Ex: helping younger learners, or watering plants
- Help children understand that mistakes are learning opportunities



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H.E.S.

Upcoming Events

January

10th: 4th Grade (Goodman) Dance (6:30)
21st: Martin Luther King Day (No School)
23rd: 3rd- 4th Grade Family Night (6pm)
24th: 1st-2nd Grade Family Night (6pm)
25th: PreK-K Family Night (6pm)
25th: Progress Reports



February

14th: Jump rope for Heart (2nd-4th @9:30-11:30) (K-1st @ 12:30-2:15)
18th-22nd: February Break (No School)

***HES PTA Every 2nd Tuesday of the month at 6:00 in room 10.**

***Hermon School Board Meetings Every 1st Monday of the month at 6:30 in the library at the High School.**

Parking

With the winter weather in full force and snow removal being a challenge, we need to be diligent about our driving and parking safety in the parking lots. Please for the safety of our children, we need to keep the fire lane in front of the school clear of parked cars. Park in available parking spots in the front parking lot or in the side parking lot. Handicap spaces are to be used only if you have a handicap plaque or license plate. Also, always remember to stop for pedestrians crossing from the parking lot and to NEVER pass another car in the drop off loop.

Lost and Found



We have a large amount of clothing in our lost and found. We would love to help the clothing find it's way to it's appropriate homes. Unfortunately, the clothing does not have names labelled on it. If your child is missing any articles of clothing, please check out our lost and found table in the cafeteria or send in a description of the article(s) of clothing to your child's classroom teacher.