

PATRICIA A.
DURAN SCHOOL

HAWK NEWS!



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February 5, 2019

"In support of our vision, we believe the mission of the Hermon School Department is to provide a safe and supportive environment where students have an opportunity to acquire the knowledge and develop the skills necessary to realize their potential as productive workers, responsible citizens, and lifelong learners."

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Hermon Kids Care

During the month of January Mrs. Clark our PBIS Coordinator worked with the classrooms to help our kids give back to their community through a great community service project. The project was called Soup-er-bowl and it turned

our kids into Soup-er-heros!

We set a school goal to raise 300 cans of soup to donate to the Hermon food shelf. Teachers took the opportunity to teach about differences and about how we can give back to our community by helping others. Our kids showed their big hearts by collecting 2,160 cans of soup. They wanted to help struggling families by keeping them fed with a healthy, yummy meal of soup.

This was a great lesson on how a little kindness and generosity can make a difference. We are so proud of our Hermon kids and thankful to all the generous families who helped make this community service project such a valuable learning experience.



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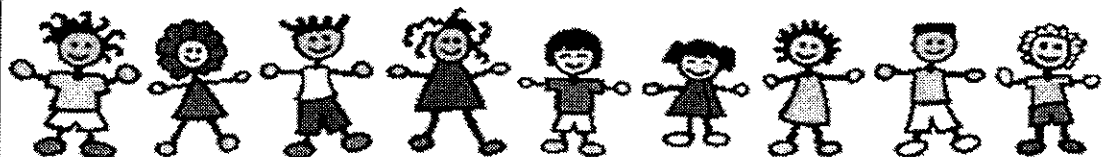
PreK and Kindergarten Registration

Hermon PreK and Kindergarten registrations for Hermon children entering PreK or Kindergarten in the fall, is now open.

****Children must be 4 years old by October 15th, 2019, to be eligible for Pre-K.**

****Children must be 5 years old by October 15th, 2019, to be eligible for Kindergarten.**

Registration packs can be picked up in the Elementary School office between the hours of 8:00-4:00 (M-F). Registrations are due back to the Elementary School office on or before March 4th.

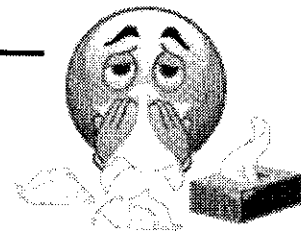


Message from Mrs. Perry

This season has brought many illnesses to our community. In an effort to help reduce the spread of germs we have been diligent with our custodial work. We have added some precautionary cleaning measures, such as additional door knob and surface cleansing.

An elementary school is very similar to a home setting where illnesses are passed from person to person. It is important to remember that if your child has a fever, has vomited, or has had diarrhea, they need to stay home for 24 hours.

We are happy to be seeing a reduction in the number of absences due to illness over the past week.



Note From the Nurse

Dear Parents/Guardians,

We have had numerous cases of Strep Throat over the past weeks.

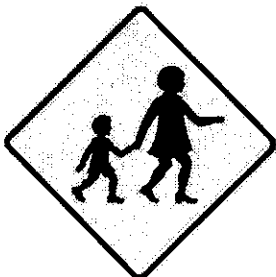
We also continue to have the continued stomach ache/vomiting/diarrhea illness. Common symptoms of Strep are sore throat that comes on suddenly and fever. Other symptoms include a headache, stomach pain and nausea or vomiting. A cough and runny nose are NOT signs of Strep. Strep lives in the nose and throat of those infected. It can be spread by coughing or sneezing. Those who do not have Strep can catch it by breathing in the droplets in the air or touching something with droplets on it and then touching their nose or mouth. The only way to tell if you have Strep is to see a provider and have a throat swab completed. The treatment of Strep is antibiotics.

Please remember that students must be fever-free, diarrhea-free and vomiting-free for at least 24 hours prior to returning to school, without use of fever-reducing medications like Tylenol or Ibuprofen.

For more information go to <https://www.cdc.gov/groupastrep/diseases-public/strep-throat.html>.

If you have any questions please contact Angie Scripture, RN at 207-848-4048 or angela.scripture@schools.hermon.net.

Parking



With the winter weather in full force and snow removal being a challenge, we need to be diligent about our driving and parking safety in the parking lots. Please, for the safety of our children, keep the fire lane in front of the school clear of parked cars. Park in available parking spots in the front parking lot or in the side parking lot. Also, always remember to stop for pedestrians crossing from the parking lot and to NEVER pass another car in the drop off loop.

MEA Parent Information

Each year our 3rd and 4th grade students participate in the MEA (Maine Educational Assessment) testing. We have recently received last year's results of the testing and access to our student's report sheets. We will be sending our 4th grade student's report sheets from last year's testing home on Friday.

This year the Maine Educational Assessment online testing will begin for HES students in grades 3 and 4 on Monday, March 18th. Tests are designed to assess Maine's *College and Career Readiness Standards*, and to provide information about student achievement. Test topics include math, reading, writing/language, and essay.

Each student is scheduled for seven different testing periods, which will take place throughout the school day. Test session times are between 25-70 minutes each. This year, students will only be permitted 10 extra minutes per test session.

Test Taking Tips

Before the test...

1. Prepare the night before.

List a few things you want to have ready the night before test day:

2. Go to bed early.

3. Eat a healthy breakfast.

4. Wear comfortable clothes.

During the test...

5. Relax! Take slow, deep breaths.

6. Follow directions. Read each question carefully.

7. Mark neatly. Erase completely.

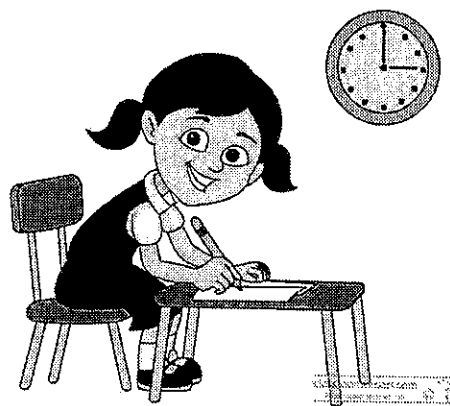
8. Move on if you don't know an answer.

9. Review. Make sure all questions are answered.

After the test...

10. Plan something fun to do after the test.

List something you would like to do to celebrate your hardwork and determination:



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H.E.S.

Upcoming Events

February

14th: Jump Rope for Heart (2nd-4th @9:30-11:30) (K-1st
12:30-2:15)
18th-22nd: February Break (No School)

March

1st: 4th Grade NAEP Assessment
1st: Dr. Seuss (Spirit Day)
8th: Spirit Day
14th: 4th Grade (O'Clair) Dance (6:30)
15th: End of 2nd Trimester
15th: Spirit Day
22nd: Spirit Day
25th: Report cards Go Home
29th: Spirit Day



*HES PTA Every 2nd Tuesday of the month at 6:00 in room 10.

*Hermon School Board Meetings Every 1st Monday of the month at 6:30 in the library at the High School.

SPRING RECREATIONAL SOCCER

Once again, BSC is offering a spring recreational soccer program where the emphasis is on learning soccer AND having fun.

This program is open to children from pre-k through 8th grade.

- Teams are organized by grade and are typically co-ed, with the exception of 2nd grade through 5th grade teams.
- Games are played on Sundays, beginning May 5th and running through June 16th (excluding Memorial Day.)
- Game times are between 12pm and 6:30pm, with an expected online schedule and roster release date of April 23rd.
- Teams are coached by volunteers and typically practice one day a week (at the discretion of the coach) Practices are held in Bangor.
 - All games have certified officials and play by modified FIFA rules.
- Players **MUST** wear shin guards and will receive socks, shorts and jerseys. Cleats are optional.
- Program fees: \$45 for Bangor Residents and \$50 for non-Bangor Residents.

LOCATION

Cameron Stadium-WS Cohen School in Bangor

***ONLINE REGISTRATION (DEADLINE: 11:59pm on March 13)**

Registration is **ONLINE ONLY** this year.

It's quick and easy and can be completed in less than 5 minutes with a Visa, Mastercard, Discover, or e-check.

No refunds will be granted.

Late registrations (after March 13) will only be accepted for teams with available space. To register, go to www.bangorsoccerclub.org and visit the Spring Recreation page. If you need

assistance registering or prefer to pay with paper check or cash, please call or email. Questions: Bangorsoccerclub1993@gmail.com or leave a message at (207) 990-4300

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